

Local Agencies Providing Cares

Dickinson County Public Health

Phone
Number

712-339-6050

Contact
Person

Pam Gravert

Service Area

Dickinson County

Services
Provided

Health Maintenance Nurse Visits

- Non-skilled
- Medication setup
- Lab draws
- Approximately once every 2 weeks

Home Health Aide Visits

- Bathing, hair care, and skin care (personal cares)
- Assist with dressing and undressing
- 1-2 visits per week

Elderbridge

Phone
Number

800-243-0678

Target
Population

Resources for ages 60+

Services
Provided

Options Counseling:

- Short-term 1:1 support
- Person-centered goal planning
- Consultation and resource referrals to assist with long-term independence (housing, services, providers, payment options)

Case Management:

- Long-term 1:1 support
- Coordinate home and community-based services to support independent living

Iowa Return to Community (IRTC):

- Started as pilot program 3 yrs ago
- Eligible for those being discharged from the hospital or within 2 weeks of hospital stay
- An assigned care coach can check in prior to discharge at the hospital or once back at home
- Coach continues regular contact for up to 90 days. Examples include:
 - Home-delivered meals
 - Transportation
 - Schedule doctor appointments and transportation
 - Help run errands
 - Arrange installation of safety bars, a lifeline, ramps & more.
 - Arrange for home cleaning, chore, or personal cares.

Good Samaritan Society

**Phone
Number**

712-336-3412

**Contact
Person**

Susan Studer

Scheduling

Need 1-2 week notice for staffing purposes

Service Area

9 county area from Dickinson County outward

**Services
Provided**

- Companionship
- Personal care- assist with activities of daily living
- Light housekeeping
- Cannot administer meds- Can give reminder to take pills
- Skilled nursing
- PT/OT/ST available
- Able to bill Medicaid, private insurance, Medicare, and private pay

Home Instead

**Phone
Number**

712-580-4061

**Contact
Person**

Mary

Scheduling

- **Need 12-hour notice for staffing purposes**
- **Require 3-hour cancellation notice**

Service Area

Dickinson, Clay, Palo Alto, Emmet, Osceola, O'Brien

**Services
Provided**

- Companionship
- Personal Care- Assist with activities of daily living
- Light Housekeeping
- Can give pills into patient's hand if they are in a pill reminder

InHome Fitness Solutions

**Phone
Number**

712-330-2670

**Contact
Person**

Tyson or Tanya

Details

****Works with Elderbridge for those who qualify****

Service Area

Dickinson County and surrounding counties

**Services
Provided**

- Private in-home senior strengthening and balance training
- Personal cares
- Nursing services
- Nail care
- Housekeeping
- Errands
- Companionship
- Meal prep
- Transportation assist
- Bathing assist
- Personal care/housekeeping is 2-hour minimum

Quality Home Care

**Phone
Number**

712-348-3758

**Contact
Person**

Lori Sjaarda

Scheduling

Call for more information

Service Area

Dickinson County and surrounding counties

**Services
Provided**

- Companionship
- Meal preparation
- Make bed/change linens
- Laundry
- Light Housekeeping
- Personal care
- Medication reminder
- Monitor diet/exercise
- Transportation
- Customized services
- 24/7 care

Respite Angels

**Phone
Number**

712-229-6064

**Contact
Person**

Kelly Schultz

Scheduling

Need one week notice for staffing purposes

Fee Type

Donation-based

**Services
Provided**

- Companionship only
- No medical or personal care provided
- **This agency provides group respite one time per week at Calvary Methodist Church in Arnolds Park each Thursday morning 9:00-11:30. Coffee and snacks are provided with crafts and music. No fee but this agency is run on donations.

Stay In Home Care

**Phone
Number**

712-346-7019

**Contact
Person**

Ally

Scheduling

- **Prefer 24-hour notice for staffing purposes**
- **Requires 24-hour cancellation notice**

**Services
Provided**

- Companionship
- Light Housekeeping
- Personal Care-Assist with activities of daily living
- Can only give verbal reminders to take meds
- Overnight stays- 2 hour minimum shift
- 24/7 care available

In the State of Iowa, Help is 3 Numbers Away



211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

211 also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

